

TEXAS SOCIETY OF MEDICINE

2026 SPRING MEETING



APRIL 17 - 19, 2026

ZAZA HOUSTON HOTEL

ONSITE PROGRAM

TEXASSOCIETYOFMEDICINE.ORG

WELCOME TO THE 2026 SPRING MEETING AT HOTEL ZAZA HOUSTON

The Texas Society of Medicine is pleased to welcome you to the 2026 Spring Clinical Meeting in Houston!

This meeting continues our commitment to delivering high-quality, relevant education while creating space for meaningful connection among physicians across Texas.

Our program brings together a dynamic group of faculty and thoughtfully curated topics designed to support the realities of modern clinical practice. From emerging insights to practical application, the sessions are built to inform, challenge, and inspire.

Beyond the educational program, this weekend is about connection - reconnecting with colleagues, exchanging ideas, and strengthening the professional community that defines our Society.

We are delighted to have you with us in Houston and look forward to a weekend of learning, collaboration, and shared momentum.

— The Texas Society of Medicine

THANK YOU TO OUR 2026 PARTNERS

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ACCREDITATION STATEMENT:
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Texas Medical Association and the Texas Society of Medicine. The Texas Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION STATEMENT:
The Texas Medical Association designates this live activity for a maximum of 8.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

HOW TO OBTAIN YOUR CME:
Visit the TMS website for the link to the TMA Knowledge Center to SELF-CLAIM your CME. The link will also be emailed to you after completing your post-meeting evaluation. Please allow 5-7 business days at the conclusion of the meeting for processing to be finalized.

TEXAS SOCIETY OF MEDICINE IS A NON-PROFIT 501(C)(6) ORGANIZATION.
FOR QUESTIONS ABOUT TSM, MEMBERSHIP, COMMITTEE SUPPORT, OR HOW TO MAKE A DONATION TO THE FOUNDATION CONTACT LAURA WEISS AT LAURA@TEXASSOCIETYOFMEDICINE.ORG

TSM 2026 Spring Meeting ~ April 17-19, 2026
Hotel ZaZa Houston - Museum District

FRIDAY, APRIL 17, 2026

TIME	SESSION/EVENT	TITLE	SPEAKER
3PM - 5PM	Board Meeting	TSM Board of Directors Meeting	
5:30PM - 6:30PM	REGISTRATION	Check-In and Badge Pick-Up	
5:30PM - 6:30PM	WELCOME RECEPTION	See Who's Here	
7PM - 9:30PM		Optional Add-On: Dinner at Le Jardinier, Museum of Fine Arts (RSVP required.)	

SATURDAY, APRIL 18, 2026

TIME	SESSION/EVENT	TITLE	SPEAKER
7:30AM - 4PM	REGISTRATION	REGISTRATION/HELP DESK OPEN	Laura Weiss
7:30AM - 8:30AM	BREAKFAST & EXHIBIT HALL	BREAKFAST IN EXHIBIT HALL Enjoy a hot breakfast and mingle with our industry partners.	
9:45AM - 3PM	SOCIAL ACTIVITIES	SOCIAL TOURS - HOUSTON ARTS & CULTURE DAY with Luncheon (MFA Private Tour of the Frida Kahlo Exhibit, café luncheon, with afternoon stroll or visit area museum favorites.)	
8:25AM - 8:30AM	Opening Remarks	Welcome from District Chair	James Robert (Bob) Baker, MD
8:30AM - 9:30AM	General Session 1	Environmental Determinants of Health	Sadeer Al-Kindi, MD
9:30AM - 10:30AM	General Session 2	Artificial Intelligence in Medicine: Transforming Healthcare with Innovation Opportunities and Challenges	Gabriel Aisenberg, MD
10:30AM - 11AM	BREAK & EXHIBIT HALL	BREAK & EXHIBIT HALL Step out of sessions and connect with colleagues and partners!	
11AM - 11:30AM	General Session 3	Evolving Approaches to Osteoporosis	Laila Tabatabai, MD
11:30AM - 12:30PM	General Session 4	Keynote Lecture: Joy in Medicine	Shlomit Schaal, MD, PhD, MHCM
12:30PM - 2PM	LUNCH BREAK	TSM BUSINESS MEETING & LUNCHEON	
2PM - 2:45PM	General Session 5	Rethinking Thyroid Hormone Action: From Deiodinases to Clinical Paradigms	Antonio Bianco, MD
2:45PM - 3:15PM	General Session 6	Hypertension: Advances and Practical Considerations	Jeffrey Bates, MD
3:15PM - 3:30PM	BREAK & EXHIBIT HALL	BREAK & EXHIBIT HALL Shake off lunch carbs! Take a break and thank our exhibitors for their support!	
3:30PM - 3:40PM	Fall Meeting Update	FALL MEETING PROMO	Laura Weiss
3:40PM - 4:40PM	General Session 7	Cardiac Amyloidosis in Clinical Practice	Arunima Misra, MD
4:40 PM		ADJOURN for SATURDAY	
6PM - 7PM	Dinner Dance Reception	"A Night at ZaZa: An evening of intrigue, mystery, dining, and dancing." Cocktail attire encouraged. Embrace the spirit of the evening with a subtle Mardi Gras influence. Masks and festive accents encouraged. Live music from the Royal Dukes Band!	
7PM - 11PM	Dinner Dance		

SUNDAY, APRIL 19, 2026

TIME	SESSION/EVENT	TITLE	SPEAKER
8AM - 9:30AM	BREAKFAST	BREAKFAST & NETWORKING	
9:30AM - 10:30AM	General Session 8	Modern Challenges in Geriatric Health	Julia Hiner, MD
10:30AM - 11AM	BREAK	BREAK (and check-out)	
11AM - 12PM	General Session 9	GLP-1 Receptor Agonists in Addiction Medicine: Off-Label and On the Horizon (Ethics)	Carlos Dostal, MD
12PM		Closing Remarks from District Chair	James Robert (Bob) Baker, MD

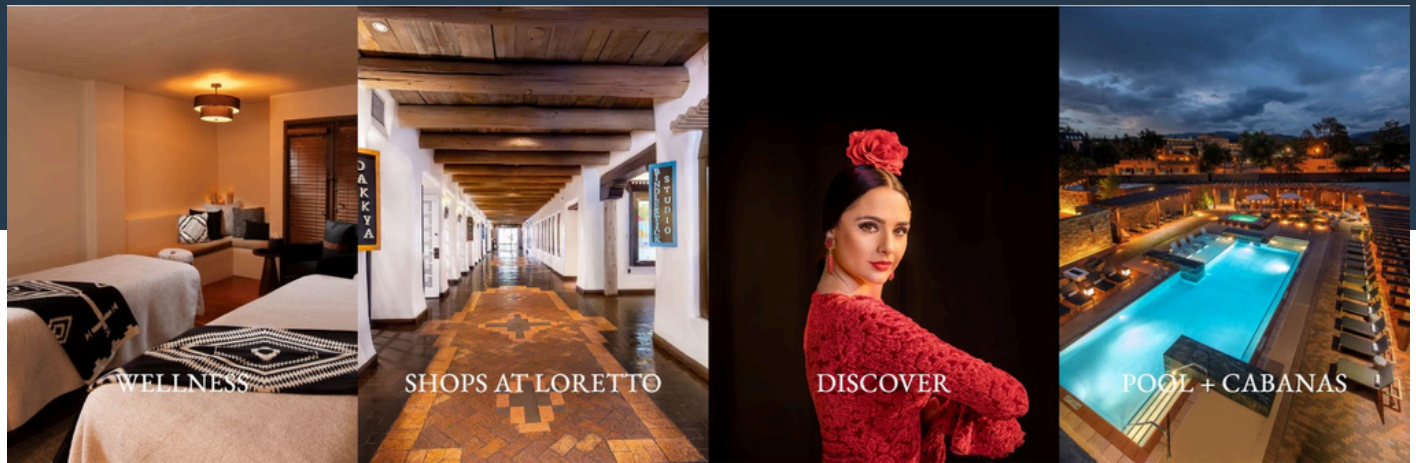
TSM 2026 FALL MEETING SANTA FE, NEW MEXICO SEPT. 25 - 30, 2026 AT THE INN & SPA AT LORETTO

Santa Fe is calling to TSM...and this year, we bring a rich experience within the Land of Enchantment. Join us Sept. 25-30, 2026, for a Fall Meeting set against the crisp air, golden light, and rich cultural tapestry of Northern New Mexico. From the renowned Wine & Chile Fiesta taking place during our stay to thoughtfully curated social experiences and dining, this is a week designed for connection, discovery, and restoration. Our clinical program will feature leading physicians from the region, offering professional insights you won't find anywhere else.

Make your plans **now** and secure your room at the Inn and Spa at Loretto. Discounted rates are available through Sept. 4 or until the block fills.

Santa Fe awaits! See you there!

www.texassocietyofmedicine.org/fall-meeting



EMPOWERING EDUCATION THROUGH GENEROSITY
HONORING OUR 2026 GRANT PARTNER



& THE DR. CLARK R. GREGG FUND

We gratefully acknowledge the Dr. Clark R. Gregg Fund for its generous \$12,000 educational grant, supporting the 2026 Spring Clinical Meeting. This partnership helps TSM bring leading-edge education and research to the forefront of member learning and collaboration.

We are deeply thankful for this support, which enables innovation and excellence in medical education.

**Together, we advance the mission of TSM - fostering education, connection,
and excellence in medicine across Texas and beyond.**