

TSM 2026 Spring Meeting - April 17-19, 2026
Hotel ZaZa Houston - Museum District

FRIDAY, APRIL 17, 2026

TIME	SESSION/EVENT	TITLE	SPEAKER
3PM - 5PM	Board Meeting	TSM Board of Directors Meeting	
5:30PM - 6:30PM	REGISTRATION	Check-in and Badge Pick Up	
5:30PM - 6:30PM	WELCOME RECEPTION	See Who's Here	
7PM - 9:30PM		Optional Add-On: Dinner at Le Jardinier, Museum of Fine Arts	

SATURDAY, APRIL 18, 2026

TIME	SESSION/EVENT	TITLE	SPEAKER
7:30AM - 4PM	REGISTRATION	REGISTRATION/HELP DESK OPEN	Laura Weiss
7:30AM - 8:30AM	BREAKFAST	CONTINENTAL BREAKFAST	
9AM - 3PM	Timing is being finalized, but it's going to be a great day of culture and friends!	SOCIAL TOURS/ACTIVITIES - HOUSTON ARTS & CULTURE DAY with Luncheon (MFA and Private Tour of the Frida Kahlo Exhibit, café luncheon, with afternoon stroll or visit to the Asia Society. Zaza transport will pick up at Asia Society.)	
8:25AM - 8:30AM	Opening Remarks	Welcome from District Chair	James Robert (Bob) Baker, MD
8:30AM - 9:30AM	General Session 1	Environmental Determinants of Health	Sadeer Al-Kindi, MD
9:30AM - 10:30AM	General Session 2	Artificial Intelligence in Medicine: Transforming Healthcare with Innovation Opportunities and Challenges	Gabriel Aisenberg, MD
10:30AM - 11AM	BREAK	BREAK	
11AM - 11:30AM	General Session 3	Updates in Osteoporosis	Laila Tabatabai, MD
11:30AM - 12:30PM	General Session 4	KEYNOTE LECTURE Building Joy in Medicine	Shlomit Schaal, MD
12:30PM - 2:00PM	LUNCH BREAK	TCI BUSINESS MEETING & LUNCHEON - introduction of new board	
2:00PM - 2:45PM	General Session 5	Updates in Thyroid Health	Antonio Bianco, MD
2:45PM - 3:15PM	General Session 6	HTN Update	Jeffrey Bates, MD
3:15PM - 3:30PM	BREAK	BREAK	
3:30PM - 3:40PM	Fall Meeting Update	FALL MEETING PROMO	Cheryl McDonald, MD
3:40PM - 4:40PM	General Session 7	Cardiac Amyloid - What to Know	Arunima Misra, MD
4:40 PM		ADJOURN for SATURDAY	
6PM - 7PM	Dinner Dance Reception	"A Night at ZaZa: An evening of intrigue, mystery, dinner, and dancing." Cocktail attire encouraged. Embrace the spirit of evening with a subtle Mardi Gras inspiration. Masks and festive accents welcome.	
7PM - 11PM	Dinner Dance		

SUNDAY, APRIL 19, 2026

TIME	SESSION/EVENT	TITLE	SPEAKER
8:00AM - 9:30AM	BREAKFAST	CONTINENTAL BREAKFAST (INVITATION FOR SPOUSES TO ATTEND)	
9:30AM - 10:30AM	General Session 8	Geriatric Medicine - What to Know	Julia Hiner, MD
10:30AM - 11AM	BREAK	BREAK (and check-out)	
11:00AM - 12PM	General Session 9	Addiction Meds (Ethics)	Carlos Dostal, MD
12:00 PM		Closing Remarks from District Chair	